

PGSC Helmet Use Policy

The Prince George Ski Club helmet use policy is:

1. All athletes must wear helmets meeting the requirements of event specific F.I.S. rules during training and racing (for Kombi, GS helmet rules shall apply).
2. In addition, all athletes must wear helmets meeting the FIS requirements for Giant Slalom helmets when participating in any other on snow PGSC activity, such as free skiing, technical free skiing, drills, etc. (i.e. hard ear coverings are required on helmets certified and designed for skiing – not snowboarding).
3. Recognizing that coaches are key in acting as role models for the athletes under their supervision and direction, and that helmet use is strongly recommended by the CSCF, all Nancy Greene Ski League coaches are required to wear ski helmets while on snow and coaching athletes.
4. Recognizing that coaches are key in acting as role models for the athletes under their supervision and direction. And that helmet use is strongly recommended by the CSCF, all coaches are required to wear ski helmets when skiing Slalom, Giant Slalom, Super-G, or downhill courses or demonstrating gate skiing and are strongly encouraged to wear helmets while free skiing.